

# Stroller Club



**Fitness and Friendship**



**Come join our parent walking group! This is a great opportunity to meet other parents, grandparents, and caregivers in our community and share ideas and resources while getting a little exercise. We will start with a 20-30 minute walk followed by a short children's story and playtime at the park.**

**Where: Bethel Park**

**(600 Bethel Rd. Morganton)**

**When: Every Friday at 9am**

**(Starting Friday, November 9th weather permitting)**

**Who: Parents, Grandparents, or  
Caregivers and their children**

**Please call the Burke County Public Library at  
828-764-9274 to pre-register**



**Live Well**

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**Burke County  
Public Library**

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