

YA Yoga Class

Hosted by Breathe Yoga & Wellness of Morganton

Saturday, February 23, 2:00pm at MPL

Free class; bring your own mat or use one of ours.

Must pre-register at MPL; limited spaces available.



fitness, emotional wellness, and specialized health. combined.



This program is offered to students in grades 6-12 only. Please go to bcpls.org for more information on programming and library services.