

BURKE COUNTY PUBLIC LIBRARY PRESENTS



# Yoga on the Lawn

May is Mental Health Awareness month, and we're celebrating with Yoga on the Lawn, a yoga class fit for all ages and skill levels.

Pre-registration is required, space is limited.

Waiver is required to participate, social distancing will be enforced.

Free mats will be provided to pre-registered attendees.

AutumnDawn  
YOGA

Featuring instruction from AutumnDawn yoga!

**PRE-REGISTRATION AND WAIVER IS REQUIRED TO PARTICIPATE.**

**THIS PROGRAM IS OPEN TO ALL AGES.**

**IN-PERSON PARTICIPATION IS EXTREMELY LIMITED!**

**FOR MORE INFORMATION OR TO PRE-REGISTER, CONTACT LIZZIE AT 828-764-9273 OR BY EMAIL AT [LIZZIE.WHISNANT@BURKENC.ORG](mailto:LIZZIE.WHISNANT@BURKENC.ORG)!**

**MAY 8TH, 2021**

**@ 11 AM**

**MORGANTON  
PUBLIC LIBRARY**