

***Educational Lunch Series!***  
**Second Wednesday of the month**  
***Now presented by:***



**\*CEU's  
available!**

***-No registration***

***-Adults only***

***-Bottled  
water/snacks  
provided***

**Wednesday, February 12**  
**12pm**

***Morganton Public Library***

***Aging Mental health and the  
Benefit of Exercise***

**\*Call 828-764-9269 or email  
danielle.townsend@burkenc.org  
for more information.**

